CASAA Research Division

Barriers Questionnaire (1.0D)

There are many different reasons why people who use drugs do not seek help. Here are some reasons that people give, as to why they don't seek treatment or other kinds of help. Please indicate how important each of these was **for your significant other** as a reason why he did not seek help. Please **circle** one answer for each reason.

Was this an important reason why he did not seek help with regard to his drug use?	No, not at all	Somewhat Important	Important	Very Important
1. His drug use seemed fairly normal to him.	0	1	2	3
2. No one told him he had a problem with drugs or encouraged him to seek help.	0	1	2	3
3. He didn't think he had a serious problem with drugs.	0	1	2	3
4. He thought he could handle it on his own.	0	1	2	3
5. He didn't think of himself as a drug abuser.	0	1	2	3
6. He was concerned about what other people would think of him if he went for help.	0	1	2	3
7. He was too embarrassed or ashamed.	0	1	2	3
8. He thought that his family would be embarrassed.	0	1	2	3
9. He thought his job might be in danger if he went for help.	0	1	2	3
10. He didn't know where to go for help.	0	1	2	3
11. He didn't want to be told to stop using drugs.	0	1	2	3
12. He didn't think it would do any good.	0	1	2	3
13. He couldn't afford to pay for help.	0	1	2	3
14. He had no transportation, no way to get there.	0	1	2	3
15. He needed someone to take care of his children while he was getting help.	0	1	2	3

Was this an important reason why he did not seek help with regard to his drug use?	No, not at all	Somewhat Important	Important	Very Important
16. He didn't have the time.	0	1	2	3
17. He was afraid he'd be put into a hospital.	0	1	2	3
18. He didn't think he needed any help.	0	1	2	3
19. Someone important to him disapproved of his getting help.	0	1	2	3
20. He hates being asked personal questions.	0	1	2	3
21. He was afraid that he would fail, or that it wouldn't help him.	0	1	2	3
22. He thought he was too young to be getting help or treatment.	0	1	2	3
23. He didn't want somebody telling him what to do with his life.	0	1	2	3
24. He has had a bad experience with treatment before.	0	1	2	3
25. Somebody he knows had a bad experience with treatment.	0	1	2	3
26. He was afraid of what might happen in treatment.	0	1	2	3
27. His drug use wasn't causing any problems as far as he could see.	0	1	2	3
28. He doesn't like to talk in groups.	0	1	2	3
29. He liked using drugs and didn't want to give it up.	0	1	2	3
30. He thought he'd lose his friends if he went for help.	0	1	2	3
31. He was worried about the bad feelings of going through withdrawal from drugs.	0	1	2	3
32. He didn't know how he could live without using drugs.	0	1	2	3
33. He thought that going for help might get him in legal trouble.	0	1	2	3
34. It just seemed like too much trouble to go for help.	0	1	2	3

Was this an important reason why he did not seek help with regard to his drug use?	No, not at all	Somewhat Important	Important	Very Important
35. He liked getting high.	0	1	2	3
36. He couldn't get time off from work.	0	1	2	3
37. Using drugs was a way of life for him.	0	1	2	3
38. Using drugs really had not caused much trouble or problems for him.	0	1	2	3
39. He was afraid of the people he might see.	0	1	2	3
40. Using drugs was not his main problem.	0	1	2	3
41. He didn't feel safe going where he'd have to go for help.	0	1	2	3
42. There seemed to be more good than bad about using drugs for him.	0	1	2	3
43. Other people discouraged him from seeking help.	0	1	2	3
44. He doesn't like to talk about his personal life with other people.	0	1	2	3
45. He thought people would make fun of him.	0	1	2	3
46. He didn't know what would happen to him.	0	1	2	3
47. He didn't want to go to AA, CA, NA, or other twelve-step groups.	0	1	2	3
48. He thought that "help" was for people who had worse problems than his.	0	1	2	3
49. He had no insurance to pay for it.	0	1	2	3
50. He thought his troubles would just go away without any help.	0	1	2	3

Were there any other important reasons why he did not seek help? If so, please write them here: