

## Drinker Inventory of Consequences (DrInC-2R)

FOR OFFICE USE ONLY

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DICO3MO- Revised 3/15/99 4 Pages

**INSTRUCTIONS:** Here are a number of events that drinkers sometimes experience. Read each one carefully, and indicate how often each one has happened to you ***DURING THE PAST 3 MONTHS*** by circling the appropriate number (0 = Never, 1 = Once or a few times, etc.). If an item does not apply to you, circle zero (0).

<b><i>DURING THE PAST 3 MONTHS</i></b> about how often has this happened to you? Circle one answer for each item:	Never	Once or a few times	Once or twice a week	Daily or almost daily
1. I have had a hangover or felt bad after drinking.	0	1	2	3
2. I have felt bad about myself because of my drinking.	0	1	2	3
3. I have missed days of work or school because of my drinking.	0	1	2	3
4. My family or friends have worried or complained about my drinking.	0	1	2	3
5. I have enjoyed the taste of beer, wine, or liquor.	0	1	2	3
6. The quality of my work has suffered because of my drinking.	0	1	2	3
7. My ability to be a good parent has been harmed by my drinking.	0	1	2	3
8. After drinking, I have had trouble with sleeping, staying asleep, or nightmares.	0	1	2	3
9. I have driven a motor vehicle after having three or more drinks.	0	1	2	3
10. My drinking has caused me to use other drugs more.	0	1	2	3
11. I have been sick and vomited after drinking	0	1	2	3

<b><i>DURING THE PAST 3 MONTHS</i> about how often has this happened to you? Circle one answer for each item:</b>	<b>Never</b>	<b>Once or a few times</b>	<b>Once or twice a week</b>	<b>Daily or almost daily</b>
<b>12. I have been unhappy because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>13. Because of my drinking, I have not eaten properly.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>14. I have failed to do what is expected of me because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>15. Drinking has helped me to relax.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>16. I have felt guilty or ashamed because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>17. While drinking I have said or done embarrassing things.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>18. When drinking, my personality has changed for the worse.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>19. I have taken foolish risks when I have been drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>20. I have gotten into trouble because of drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>21. While drinking or using drugs, I have said harsh or cruel things to someone.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>22. When drinking, I have done impulsive things that I regretted later.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>23. I have gotten into a physical fight while drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>

**Please continue on the next page**

Now answer these questions about things that may have happened to you:

<b><i>DURING THE PAST 3 MONTHS</i> how much has this happened? Circle one answer for each item:</b>	<b>Not at All</b>	<b>A Little</b>	<b>Some-what</b>	<b>Very Much</b>
<b>24. My physical health has been harmed by my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>25. Drinking has helped me to have a more positive outlook on life.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>26. I have had money problems because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>27. My marriage or love relationship has been harmed by my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>28. I have smoked tobacco more when I am drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>29. My physical appearance has been harmed by my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>30. My family has been hurt by my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>31. A friendship or close relationship has been damaged by my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>32. I have been overweight because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>33. My sex life has suffered because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>34. I have lost interest in activities and hobbies because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>35. When drinking, my social life has been more enjoyable.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>36. My spiritual or moral life has been harmed by my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>37. Because of my drinking, I have not had the kind of life that I want.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>38. My drinking has gotten in the way of my growth as a person.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>39. My drinking has damaged my social life, popularity, or reputation.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>40. I have spent too much or lost a lot of money because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>

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Now please indicate whether these things have happened to you *DURING THE PAST 3 MONTHS*.

<b>Has this happened to you <i>DURING THE PAST 3 MONTHS</i>? Circle one answer for each item:</b>	<b>No</b>	<b>Almost</b>	<b>Yes, Once</b>	<b>Yes, More than Once</b>
<b>41. I have been arrested for driving under the influence of alcohol.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>42. I have had trouble with the law (other than driving while intoxicated) because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>43. I have lost a marriage or a close love relationship because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>44. I have been suspended/fired from or left a job or school because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>45. I drank alcohol normally, without any problems.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>46. I have lost a friend because of my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>47. I have had an accident while drinking or intoxicated.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>48. While drinking or intoxicated, I have been physically hurt, injured, or burned.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>49. While drinking or intoxicated, I have injured someone else.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>50. I have broken things while drinking or intoxicated.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>