

FOR OFFICE USE ONLY	
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_____	Point
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F9A00T- Revised 8/1/95 11 Pages	

# Form 90-AT

## Subject Telephone Assessment of Drinking and Related Behaviors

Time Started \_\_\_\_\_

If the subject's cooperation seems tenuous, complete Form 90-Q first to obtain critical variables, then proceed with 90-T.

1. For period from \_\_\_/\_\_\_/\_\_\_/\_\_\_/\_\_\_/\_\_\_ through \_\_\_/\_\_\_/\_\_\_/\_\_\_/\_\_\_/\_\_\_
2. Number of days in this assessment period: \_\_\_/\_\_\_/\_\_\_
3. This is: \_\_\_/\_\_\_ month follow-up
4. \_\_\_(1) Male \_\_\_(2) Female
5. Current body weight in pounds: \_\_\_/\_\_\_/\_\_\_
6. Weight was obtained by: \_\_\_(1) weighing or \_\_\_(2) self-report
7. This interview was conducted:
  - \_\_\_(1) on site            \_\_\_(2) by telephone
  - \_\_\_(3) home visit      \_\_\_(4) other location

"Now, as in the interview(s) you've had before, I'd like to remind you that whatever you say here is confidential. I am going to be asking you some specific questions about the period of time from \_\_\_\_\_ up through yesterday." [If calendar has been mailed and received, have the subject refer to it now. If not, ask the subject to get a regular calendar.]

"The calendar should help you remember this period of time. I realize that this is a long period of time to remember things that happened, so we will use this calendar to help you identify events that occurred during this period. [As before, you can see that there are some events already printed on the calendar.] Were there any particularly memorable things that happened during this time - any birthdays, accidents, anniversaries, parties, things like that?" [Record on your calendar.]

"Now, the rest of the questions that I will ask you are also about this time period, from \_\_\_\_\_ up through yesterday. I'll be asking you about your drinking in a few minutes, but first I'd like to know about a few other things. Feel free to take your time in answering, because it is important for you to remember as accurately as you can. Let me know if you're not sure what I am asking, or what I mean by a particular question. OK?"

**TREATMENT/INCARCERATION/LIVING EXPERIENCES**

"During this period, how many days did you spend in a hospital or treatment program where you stayed overnight?" [Mark days on calendar]

**Hm** Total number of hospital days for medical problems 8. \_\_\_/\_\_\_/\_\_\_

**Htox** Total number of hospital days for detoxification 9. \_\_\_/\_\_\_/\_\_\_

**Rtox** Total number of non-hospital residential detox days: 10. \_\_\_/\_\_\_/\_\_\_

Total number of ambulatory detox treatment days: 11. \_\_\_/\_\_\_/\_\_\_

**Ra** Total number of residential days alcohol treatment 12. \_\_\_/\_\_\_/\_\_\_

**Rd** Total number of residential days for other drug problems 13. \_\_\_/\_\_\_/\_\_\_

**Rp** Total residential days for emotional/psych problems 14. \_\_\_/\_\_\_/\_\_\_

Total days in residential treatment during this period:  
[Sum of 8 + 9 + 10 + 12 + 13 + 14. Do not include 11] 15. \_\_\_/\_\_\_/\_\_\_

"During this period, did you spend any time in jail or prison?"  
[Mark days on calendar]

**In** Total days incarcerated during period 16. \_\_\_/\_\_\_/\_\_\_

Total days in institutions [add 15 + 16] 17. \_\_\_/\_\_\_/\_\_\_

"During this period, where did you live? How many days did you live in:" [Do not record on calendar unless useful as memory aids.]

Total number of days in own house, apartment, room: 18. \_\_\_/\_\_\_/\_\_\_

Total number of days living with others (no rent): 19. \_\_\_/\_\_\_/\_\_\_

Total number of days living in halfway house: 20. \_\_\_/\_\_\_/\_\_\_

Total number of days homeless (shelters, etc.): 21. \_\_\_/\_\_\_/\_\_\_  
Lines 17 + 18 + 19 + 20 + 21 must equal Line 2

"During this period, how many days were there [not including hospital or detox days] when you saw a doctor, nurse, nurse-practitioner, or physician's assistant for any kind of medical care?"

[Do not record on calendar unless useful as memory aids.]

Total days seen for medical care 22. \_\_\_/\_\_\_/\_\_\_

**"During this period, on how many days did you have a session with a counselor or therapist?" [Do not include Project MATCH services or hospital days - Do not record on calendar unless useful as memory aids.]**

**Total number of days for alcohol problems**

**\*\*23. \_\_\_/\_\_\_/\_\_\_**

**\*\* If treatment was received, describe briefly here and administer Treatment Experiences Questionnaire**

**Total number of days for other drug problems**

**\*\*24. \_\_\_/\_\_\_/\_\_\_**

**\*\* If treatment was received, describe briefly here and administer Treatment Experiences Questionnaire**

**Total days for emotional/psychological problems**

**25. \_\_\_/\_\_\_/\_\_\_**

**If treatment was received, describe briefly here**

**"During this period, on how many days did you attend a meeting of Alcoholics Anonymous or another Twelve-Step meeting?" [Do not record on calendar unless useful as memory aids.]**

**Total number of days attending 12-step meetings:  
[enter 0 if none]**

**26. \_\_\_/\_\_\_/\_\_\_**

**OTHER ACTIVITIES**

**[Do not enter activity days on the calendar unless they appear to be of value for recalling drinking.]**

**WORK: "How many days have you been paid for working during this period?"**

**Number of WORK days 27. \_\_\_/\_\_\_/\_\_\_**

**EDUCATION: "How many days have you been in school or training during this period?"**

**Number of EDUCATION days 28. \_\_\_/\_\_\_/\_\_\_**

**RELIGIOUS ATTENDANCE: "On how many days during this time did you attend a worship service or other religious celebration?"**

**RELIGIOUS ATTENDANCE days 29. \_\_\_/\_\_\_/\_\_\_**

**MEDICATIONS**

**"During this period, on how many days did you take any medications prescribed by a physician?" [Do not enter medication days on the calendar unless they appear to be of memory value.]**

**to treat a medical problem specify: 30. \_\_\_/\_\_\_/\_\_\_**

**to prevent you from drinking (Antabuse only) 31. \_\_\_/\_\_\_/\_\_\_**

**to help you detoxify/come off alcohol or another drug specify: 32. \_\_\_/\_\_\_/\_\_\_**

**to help you stabilize or change your use of drugs other than alcohol**

**maintaining/stabilizing drugs (e.g., methadone) specify: 33. \_\_\_/\_\_\_/\_\_\_**

**drug antagonists/blockers specify: 34. \_\_\_/\_\_\_/\_\_\_**

**for your psychological or emotional problems specify: 35. \_\_\_/\_\_\_/\_\_\_**

**PERIODS OF ABSTINENCE**

**"Now I'd like to ask you about your drinking during this same period. The things already recorded on the calendar here may help you to remember better. First of all, were there periods of days when you had nothing to drink at all?"**

**[Mark all abstinent days as "A" on calendar. Note: If the subject was mostly abstinent, it may be easier to ask about drinking days first, and record these on the calendar.]**

**36. Date of first drink during period: \_\_\_/\_\_\_/\_\_\_/\_\_\_/\_\_\_/\_\_\_**

**37. Date of last drink during period: \_\_\_/\_\_\_/\_\_\_/\_\_\_/\_\_\_/\_\_\_**

**"During this period of time, when you were drinking, I'd like to see if your pattern was at all similar from one week to the next, at least for a few of these weeks. I realize that drinking will vary from day to day and from week to week, but I want to know if there was any similarity among weeks. Was there any consistency to your drinking from week to week?"**

**[If NO, skip to page 8. If YES, continue to complete page 6 and, if appropriate, page 7.]**

**"Could you describe for me a usual or typical week of drinking, then. In a typical week, let's start with weekdays - Monday through Friday - what did you normally drink in the morning, from the time you got up until about lunchtime?" [Record]**

**For each drinking period, obtain time estimates to allow BAC calculation. For example:**

**"About what time did you normally have your first drink? . . . And when did you usually finish the last one?"**

**"Now how about weekday afternoons, including what you drank with lunch up through the afternoon until dinner time - what did you normally drink on weekday afternoons, Monday through Friday?" [Record]**

**"And how about weekday evenings? What did you normally drink with dinner, up through the rest of the evening, until the time you went to sleep?" [Record]**

**Repeat same instructions for weekend days.**

P1

**STEADY PATTERN CHART 1**

Morning	Afternoon	Evening	Total for Day
			<hr/> Total SECs Monday <hr/>
			<hr/> Total SECs Tuesday <hr/>
			<hr/> Total SECs Wednesday <hr/>
			<hr/> Total SECs Thursday <hr/>
			<hr/> Total SECs Friday <hr/>
			<hr/> Total SECs Saturday <hr/>
			<hr/> Total SEC Sunday <hr/>

**Total number of Standard Drinks (SECs) per week:** 38. \_\_\_/\_\_\_/\_\_\_.

**Estimated BAC peak for Steady Pattern week (mg%):** 39. \_\_\_/\_\_\_/\_\_\_  
**Enter all days of this pattern on calendar as P-1**

**If the above pattern does not describe all drinking weeks, ask:**  
**"Now on the other weeks when you were drinking, was your drinking at all the same from week to week?" If YES, complete page 7. If NO, proceed to page 8.**

P2

**STEADY PATTERN CHART 2**

Morning	Afternoon	Evening	Total for Day
			<hr/> Total SECs Monday <hr/>
			<hr/> Total SECs Tuesday <hr/>
			<hr/> Total SECs Wednesday <hr/>
			<hr/> Total SECs Thursday <hr/>
			<hr/> Total SECs Friday <hr/>
			<hr/> Total SECs Saturday <hr/>
			<hr/> Total SEC Sunday <hr/>

**Total number of Standard Drinks (SECs) per week:** 40. \_\_\_/\_\_\_/\_\_\_.

**Estimated BAC peak for Steady Pattern week (mg%):** 41. \_\_\_/\_\_\_/\_\_\_

**Enter all days of this pattern on calendar as P-2**

**Proceed to Page 8**

**EPISODIC PATTERN CHART**

**INSTRUCTIONS WHEN PAGE 6 (or 6 and 7) HAS BEEN COMPLETED:**

"Now that we have your regular pattern, I'd like you to tell me about times during this period when your drinking was different from this pattern. [Look at the calendar again, and] Think back over this period. When were times that you had more or less than your regular amount to drink?"

**INSTRUCTIONS WHEN PAGE 6 AND 7 HAVE BEEN SKIPPED (NO REGULAR PATTERN):**

"If you didn't have a regular pattern from week to week, tell me about times when you did drink during the period on this calendar."

**FOLLOW-THROUGH FOR ALL SUBJECTS:**

[When a particular episode is identified:]

"Did that happen more than once during this period?"

[If NO, record data directly on the calendar. If YES, record as Episode Type 1 below, and continue:]

"[Now, using the calendar,] Which were the days when your drinking was about like that?" [Record E-1 in the middle of those day blocks.]

[Continue to probe in this manner for up to two other episode types: E-2 and E-3 days]

If no repeated episode types can be identified, proceed to fill in the calendar day by day.

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**E1**

**Episode Type 1**

**Beverages and amounts**

**Time to consume:** **Total SECs** 42. \_\_\_/\_\_\_/\_\_\_.

**Estimated Peak BAC for Episode Type 1 (mg%):** 43. \_\_\_/\_\_\_/\_\_\_

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**E2**

**Episode Type 2**

**Beverages and amounts**

**Time to consume:** **Total SECs** 44. \_\_\_/\_\_\_/\_\_\_.

**Estimated Peak BAC for Episode Type 2 (mg%):** 45. \_\_\_/\_\_\_/\_\_\_

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E3

## Episode Type 3

## Beverages and amounts

Total SECs 46. \_\_\_/\_\_\_/\_\_\_.

Time to consume:

Estimated Peak BAC for Episode Type 3 (mg%): 47. \_\_\_/\_\_\_/\_\_\_

Proceed to fill in any other drinking days on calendar not accounted for by P or E codes. Then identify the **THREE HEAVIEST DRINKING DAYS** in the calendar. If not P or E days, obtain the time of first drink and last drink, to permit BAC calculation.

## OTHER DRUG USE

"Now I'm going to ask you about other kinds of drugs that people sometimes use. I'd like you to tell me, for each one, whether you have used it at least once during this period."

Proceed through list, in order, as presented on page 10. When the subject responds "No" to a category, print zero (0) for that category on page 10. When the subject responds "Yes" to a category, specify the particular drug(s) and route(s) of administration:

"During this period, which drug(s) from this group did you use at least once? And how did you take it?" [Record on page 10]

Then specify the frequency of use:

"During this period, on how many days would you say you used \_\_\_\_\_?"

Record frequency information for all drug classes on page 10.

**CURRENT USE**

**Days\***

**48. Tobacco** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**Specify number of cigarettes**  
**per day in current period: \_\_\_/\_\_\_/\_\_\_/days**

**49. Marijuana** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**50. Tranquilizers** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**51. Sedatives** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**52. Steroids** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**53. Stimulants** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**54. Cocaine** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**55. Hallucinogens** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**56. Inhalants** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**57. Opiates** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

**58. Other Drugs** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**specify:**

\* **Days = Total number of days in which any drug from the class was used during this follow-up window. Do not include drugs used during prior follow-up windows, but not this window. Do not report drug use that does not qualify [see manual].**

**REMOTE RECONSTRUCTION**

Complete only when the period being reconstructed is from a prior missed follow-up (not the most recent period). ALWAYS attempt items 1-37 and 48-58, but highest priority should be given to items 36-37 and the information below.

59. Indicate the present follow-up period from which reconstruction is being conducted [not the period being reconstructed].

Present follow-up point is: \_\_\_/\_\_\_ months

If the calendar can be reconstructed with reasonable confidence, do so, to obtain daily consumption data needed for summary statistics. If day-by-day reconstruction is not viable, complete the following procedure instead:

60. \_\_\_/\_\_\_/\_\_\_ Total number of Abstinent (A) days in reconstructed period
61. \_\_\_/\_\_\_/\_\_\_ Total number of drinking days in same period  
[Note: 60 + 61 must equal Line 2]
62. \_\_\_/\_\_\_/\_\_\_ Total number of drinking days with 6 drinks (SECs) or more per day [Use "one drink" graphic if needed]
63. \_\_\_/\_\_\_/\_\_\_ Average SECs per drinking day from the most recent follow-up period (obtain from summary statistics for current period)
64. \_\_\_/\_\_\_/\_\_\_ Multiplier (see manual instructions and note \* below)
65. \_\_\_/\_\_\_/\_\_\_ Estimated SECs/drinking day in reconstructed period  
[64 X 63]
- \_\_\_/\_\_\_/\_\_\_ Multiply by line 61
66. \_\_\_/\_\_\_/\_\_\_ Estimated SECs in reconstructed period

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\* What is needed here is a multiplier which best captures the subject's comparison of these two periods. It is not likely that most subjects could generate this number themselves. Rather the interviewer must make the decision, based on the subject's report. Some examples:

Subject's Description	Multiplier
about half as much	.50
about the same	1.00
just a little more	1.10
about half again as much	1.50
twice as much	2.00
four times as much	4.00