

Inconvenience Review Checklist 2M

Here are some kinds of problems or inconveniences that can happen when you live with a drinker. Please indicate whether each of these has happened to you.

Has this ever happened to you?	Not at All	Some-what	Very Much
1. Have you been publicly embarrassed by things he has said or done while drinking?	0	1	2
2. Have you had money problems because of his drinking?	0	1	2
3. Have you had arguments or fights with him because of his drinking?	0	1	2
4. Have you felt depressed, worried, or afraid because of his drinking?	0	1	2
5. Have you had family problems because of his drinking?	0	1	2
6. Have you lost the trust, respect, or friendship of others because of his drinking?	0	1	2
7. Have you had to clean up messes because of his drinking?	0	1	2
8. Have you had property damaged or destroyed because of his drinking?	0	1	2
9. Have you or any member of your family been afraid of him when he is drinking?	0	1	2
10. Have you been physically hurt or injured by him when he was drinking?	0	1	2
11. Have you had to move because of his drinking?	0	1	2
12. Have you been worried because of his drinking?	0	1	2
13. Has he said harsh or cruel things to you when drinking?	0	1	2

Has this ever happened to you?	Not at All	Some-what	Very Much
14. Has your spiritual or moral life suffered because of his drinking?	0	1	2
15. Have you had problems sleeping or lost sleep because of his drinking?	0	1	2
16. Have you missed work or school because of his drinking?	0	1	2
17. Have you felt bad about yourself, guilty, or ashamed because of his drinking?	0	1	2
18. Has your physical health suffered because of his drinking?	0	1	2
19. Has your relationship with him been damaged because of his drinking?	0	1	2
20. Has his drinking gotten in the way of your own growth as a person?	0	1	2
21. Have your family or friends worried about you because of his drinking?	0	1	2
22. Have you used more alcohol, medications, or other drugs because of his drinking?	0	1	2
23. Have you withdrawn from social activities because of his drinking?	0	1	2
24. Has the quality of your work (or schoolwork) suffered because of his drinking?	0	1	2
25. Have you been placed in dangerous situations because of his drinking?	0	1	2
26. Have you ridden in a motor vehicle with him while he was driving under the influence of alcohol?	0	1	2
27. Has your relationship with your family suffered as a result of his drinking?	0	1	2
28. Have you been physically or sexually mistreated by him when he was drinking?	0	1	2
29. Have you become aggressive or violent with him because of his drinking?	0	1	2
30. Have you had trouble with the law (like police visits, bailing him out of jail) because of his drinking?	0	1	2

Have you had any other kinds of problems or inconveniences because of his drinking?

If so, please write them on the lines below.

Other problems or inconveniences: _____
