

## Inventory of Drug Use Consequences (InDUC-2L)

**INSTRUCTIONS:** Here are a number of events that people sometimes experience in relation to their use of alcohol and other drugs. Read each one carefully, and circle the number that indicates whether this has ever happened to you (0 = No, 1 = Yes). If an item does not apply to you, circle zero (0).

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	Study
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Has this <b>EVER</b> happened to you? Circle one answer for each item:	No	Yes
1. I have had a hangover or felt bad after drinking or using drugs.	0	1
2. I have felt bad about myself because of my drinking or drug use.	0	1
3. I have missed days of work or school because of my drinking or drug use.	0	1
4. My family or friends have worried or complained about my drinking or drug use.	0	1
5. I have enjoyed drinking or using drugs.	0	1
6. The quality of my work has suffered because of my drinking or drug use.	0	1
7. My ability to be a good parent has been harmed by my drinking or drug use.	0	1
8. After drinking or using drugs, I have had trouble with sleeping, staying asleep, or nightmares.	0	1
9. I have driven a motor vehicle while under the influence of alcohol or other drugs.	0	1
10. Drinking or using one drug has caused me to use other drugs more.	0	1
11. I have been sick and vomited after drinking or using drugs.	0	1
12. I have been unhappy because of my drinking or drug use.	0	1
13. Because of my drinking or drug use, I have lost weight or not eaten properly.	0	1
14. I have failed to do what is expected of me because of my drinking or drug use.	0	1

<b>Has this <u>EVER</u> happened to you? Circle one answer for each item:</b>	<b>No</b>	<b>Yes</b>
<b>15. Drinking or using drugs has helped me to relax.</b>	<b>0</b>	<b>1</b>
<b>16. I have felt guilty or ashamed because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>17. While drinking or using drugs I have said or done embarrassing things.</b>	<b>0</b>	<b>1</b>
<b>18. When drinking or using drugs my personality has changed for the worse.</b>	<b>0</b>	<b>1</b>
<b>19. I have taken foolish risks when I have been drinking or using drugs.</b>	<b>0</b>	<b>1</b>
<b>20. I have gotten into trouble because of drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>21. While drinking or using drugs, I have said harsh or cruel things to someone.</b>	<b>0</b>	<b>1</b>
<b>22. When drinking or using drugs, I have done impulsive things that I regretted later.</b>	<b>0</b>	<b>1</b>
<b>23. I have gotten into a physical fight while drinking or using drugs.</b>	<b>0</b>	<b>1</b>
<b>24. My physical health has been harmed by my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>25. Drinking or using drugs has helped me to have a more positive outlook on life.</b>	<b>0</b>	<b>1</b>
<b>26. I have had money problems because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>27. My marriage or love relationship has been harmed by my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>28. I have smoked tobacco more when I am drinking or using drugs.</b>	<b>0</b>	<b>1</b>
<b>29. My physical appearance has been harmed by my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>30. My family has been hurt by my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>31. A friendship or close relationship has been damaged by my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>32. I have spent time in jail or prison because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>

<b>Has this <u>EVER</u> happened to you? Circle one answer for each item:</b>	<b>No</b>	<b>Yes</b>
<b>33. My sex life has suffered because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>34. I have lost interest in activities and hobbies because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>35. When drinking or using drugs, my social life has been more enjoyable.</b>	<b>0</b>	<b>1</b>
<b>36. My spiritual or moral life has been harmed by my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>37. Because of my drinking or drug use, I have not had the kind of life that I want.</b>	<b>0</b>	<b>1</b>
<b>38. My drinking or drug use has gotten in the way of my growth as a person.</b>	<b>0</b>	<b>1</b>
<b>39. My drinking or drug use has damaged my social life, popularity, or reputation.</b>	<b>0</b>	<b>1</b>
<b>40. I have spent too much or lost a lot of money because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>41. I have been arrested for driving under the influence of alcohol or other drugs.</b>	<b>0</b>	<b>1</b>
<b>42. I have been arrested for other offenses (besides driving under the influence) related to my drinking or other drug use.</b>	<b>0</b>	<b>1</b>
<b>43. I have lost a marriage or a close love relationship because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>44. I have been suspended/fired from or left a job or school because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>45. I have used drugs moderately, without having problems.</b>	<b>0</b>	<b>1</b>
<b>46. I have lost a friend because of my drinking or drug use.</b>	<b>0</b>	<b>1</b>
<b>47. I have had an accident while using or under the influence of alcohol or drugs.</b>	<b>0</b>	<b>1</b>
<b>48. While using or under the influence of alcohol or drugs, I have been physically hurt, injured, or burned.</b>	<b>0</b>	<b>1</b>
<b>49. While using or under the influence of alcohol or drugs, I have injured someone.</b>	<b>0</b>	<b>1</b>
<b>50. I have broken things or damaged property while using or under the influence of alcohol or drugs.</b>	<b>0</b>	<b>1</b>