

FOR OFFICE USE ONLY	
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SIPOFU- Revised 7/94 2 Pages	

## Short Inventory of Problems (SIP-2R)

**INSTRUCTIONS:** Here are a number of events that people sometimes experience. Read each one carefully, and indicate how often each one has happened to you DURING THE PAST 3 MONTHS (0 = Never, 1 = Once or a few times, etc.). If an item does not apply to you, circle zero (0).

During the <u>Past 3 Months</u> , about how often has this happened to you? Circle one answer:	Never	Once or a few times	Once or twice a week	Daily or almost daily
1. I have been unhappy because of my drinking.	0	1	2	3
2. Because of my drinking, I have not eaten properly.	0	1	2	3
3. I have failed to do what is expected of me because of my drinking.	0	1	2	3
4. I have felt guilty or ashamed because of my drinking	0	1	2	3
5. I have taken foolish risks when I have been drinking.	0	1	2	3
6. When drinking, I have done impulsive things that I regretted later.	0	1	2	3

**PLEASE CONTINUE ON THE NEXT PAGE.**

<b>Now answer these questions about things that may have happened to you. During the <u>Past 3 Months</u>, how much has this happened? Circle one answer:</b>	<b>Not at all</b>	<b>A Little</b>	<b>Somewhat</b>	<b>Very Much</b>
<b>7. My physical health has been harmed by my drinking</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>8. I have had money problems because of my drinking</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>9. My physical appearance has been harmed by my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>10. My family has been hurt by my drinking</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>11. A friendship or close relationship has been damaged by my drinking.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>12. My drinking has gotten in the way of my growth as a person.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>13. My drinking has damaged my social life, popularity, or reputation.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>14. I have spent too much or lost a lot of money because of my drinking</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>

<b>Has this happened to you <u>DURING THE PAST 3 MONTHS</u>? Circle one answer:</b>	<b>No</b>	<b>Almost</b>	<b>Yes, once</b>	<b>Yes, more than once</b>
<b>15. I have had an accident while drinking or intoxicated</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>