

Personal Questionnaire (SOCRATES 7A-SO-F)

INSTRUCTIONS: Please read the following statements carefully. Each one describes a way that you might (or might not) feel about your loved one's drinking. For each statement, circle one number from 1 to 5, to indicate how much you agree or disagree with it right now. Please circle one and only one number for every statement.

FOR OFFICE USE ONLY

_____ Study

_____ ID

_____ Point

_____ Date

_____ Raid

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Check Only One:	Strongly Disagree	Disagree	Undecided or Unsure	Agree	Strongly Agree
1. I really want her to make some changes in her drinking.	1	2	3	4	5
2. I am uncertain whether she drinks too much.	1	2	3	4	5
3. She definitely has some problems related to her drinking.	1	2	3	4	5
4. I am ready to do whatever it takes to help her change her drinking.	1	2	3	4	5
5. There is nothing I can do to help her change her drinking.	1	2	3	4	5
6. Sometimes I wonder if she is an alcoholic.	1	2	3	4	5
7. I really want to do something about her drinking.	1	2	3	4	5
8. I've already been trying to do something about her drinking.	1	2	3	4	5
9. Her problems with drinking are serious.	1	2	3	4	5
10. Sometimes I wonder if her drinking is hurting other people.	1	2	3	4	5
11. I definitely need to do something about her drinking.	1	2	3	4	5
12. I am actively doing things now to help her cut down or stop drinking.	1	2	3	4	5
13. I think she needs to be coming to a program to get some help.	1	2	3	4	5
14. I question whether drinking is good for her.	1	2	3	4	5
15. If she doesn't change her drinking soon, the problems are going to get worse.	1	2	3	4	5

Check Only One:	Strongly Disagree	Disagree	Undecided or Unsure	Agree	Strongly Agree
16. I have already been trying to get her to change her drinking, and I am here to get some help.	1	2	3	4	5
17. I know that she has a drinking problem.	1	2	3	4	5
18. I am uncertain whether she drinks too much.	1	2	3	4	5
19. It is definitely time for me to do something about the problems I have been having because of her drinking.	1	2	3	4	5
20. I have started to carry out a plan to help her cut down or stop drinking.	1	2	3	4	5
21. She is a fairly normal drinker.	1	2	3	4	5
22. Sometimes I wonder if she is in control of her drinking.	1	2	3	4	5
23. She is an alcoholic.	1	2	3	4	5
24. I am working hard to make change happen.	1	2	3	4	5
25. She's had more trouble because of drinking than most people do.	1	2	3	4	5
26. I don't think she has a "problem" with drinking, but there are times when I wonder if she drinks too much.	1	2	3	4	5
27. She is a problem drinker.	1	2	3	4	5
28. I know that her drinking has caused problems, and I am trying to do something about it.	1	2	3	4	5
29. My problems are at least partly due to her drinking.	1	2	3	4	5
30. I don't know whether or not I should do anything about her drinking.	1	2	3	4	5
31. Her drinking is causing a lot of harm.	1	2	3	4	5
32. There has already been some progress in overcoming her drinking problem.	1	2	3	4	5