

FOR OFFICE USE ONLY	
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SOCOOD- Revised 8/94 3 Pages	

## Personal Drug Use Questionnaire (SOCRATES 7D)

**INSTRUCTIONS:** Please read the following statements carefully. Each one describes a way that you might (or might not) feel about your drug use. For each statement, circle one number from 1 to 5, to indicate how much you agree or disagree with it right now. Please circle one and only one number for every statement.

	Strongly Disagree	Disagree	Undecided or Unsure	Agree	Strongly Agree
1. I really want to make changes in my use of drugs.	1	2	3	4	5
2. There are times when I wonder whether I use drugs too much.	1	2	3	4	5
3. I definitely have some problems related to drugs.	1	2	3	4	5
4. I have already started making some changes in my use of drugs.	1	2	3	4	5
5. I was using drugs too much at one time, but I've managed to change that.	1	2	3	4	5
6. The only reason I'm here is that somebody made me come.	1	2	3	4	5
7. Sometimes I wonder if I am an addict.	1	2	3	4	5
8. I really want to do something about my use of drugs.	1	2	3	4	5
9. I'm not just thinking about changing my drug use, I'm already doing something about it.	1	2	3	4	5
10. I have already changed my drug use, and I am looking for ways to keep from slipping back to my old pattern.	1	2	3	4	5
11. I have serious problems with drugs.	1	2	3	4	5
12. Sometimes I wonder if my drug use is hurting other people.	1	2	3	4	5

	Strongly Disagree	Disagree	Undecided or Unsure	Agree	Strongly Agree
13. I use drugs too much at times.	1	2	3	4	5
14. I am actively doing things now to cut down or stop my use of drugs.	1	2	3	4	5
15. I used to have problems with drugs, but not any more.	1	2	3	4	5
16. I think I need to be coming to treatment for help with my drug use.	1	2	3	4	5
17. I question whether drugs are good for me.	1	2	3	4	5
18. If I don't change my drug use soon, my problems are going to get worse.	1	2	3	4	5
19. I have already been trying to change my drug use, and I am here to get more help with it.	1	2	3	4	5
20. Now that I have changed my drug use, it is important for me to hold onto the changes I've made.	1	2	3	4	5
21. I know that I have a drug problem.	1	2	3	4	5
22. I am uncertain whether I use drugs too much.	1	2	3	4	5
23. It is definitely time for me to do something about the problems I have been having with drugs.	1	2	3	4	5
24. I have started to carry out a plan to cut down or stop my drug use.	1	2	3	4	5
25. I want help to keep from going back to the drug problems that I had before.	1	2	3	4	5
26. I am fairly normal in my use of drugs.	1	2	3	4	5
27. Sometimes I wonder if I am in control of my drug use.	1	2	3	4	5
28. I am a drug addict.	1	2	3	4	5
29. I am working hard to change my drug use.	1	2	3	4	5
30. I am worried that my previous problems with drugs might come back.	1	2	3	4	5

	Strongly Disagree	Disagree	Undecided or Unsure	Agree	Strongly Agree
<b>31. I've had more trouble because of drugs than most people do.</b>	1	2	3	4	5
<b>32. I don't think I have "a problem" with drugs, but there are times when I wonder if I use drugs too much.</b>	1	2	3	4	5
<b>33. I have a drug problem.</b>	1	2	3	4	5
<b>34. I know that my drug use has caused problems, and I am trying to do something about it.</b>	1	2	3	4	5
<b>35. I have made some changes in my drug use, and I want some help to keep going.</b>	1	2	3	4	5
<b>36. My problems are at least partly due to my own drug use.</b>	1	2	3	4	5
<b>37. I don't know whether or not I should change my drug use.</b>	1	2	3	4	5
<b>38. My drug use is causing a lot of harm.</b>	1	2	3	4	5
<b>39. I have a serious problem with drugs, and I have already started to overcome it.</b>	1	2	3	4	5
<b>40. I am clean and sober, and I want to stay that way.</b>	1	2	3	4	5